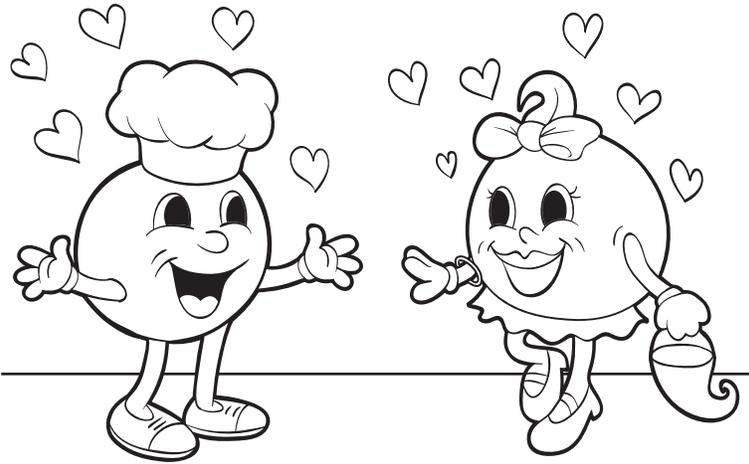
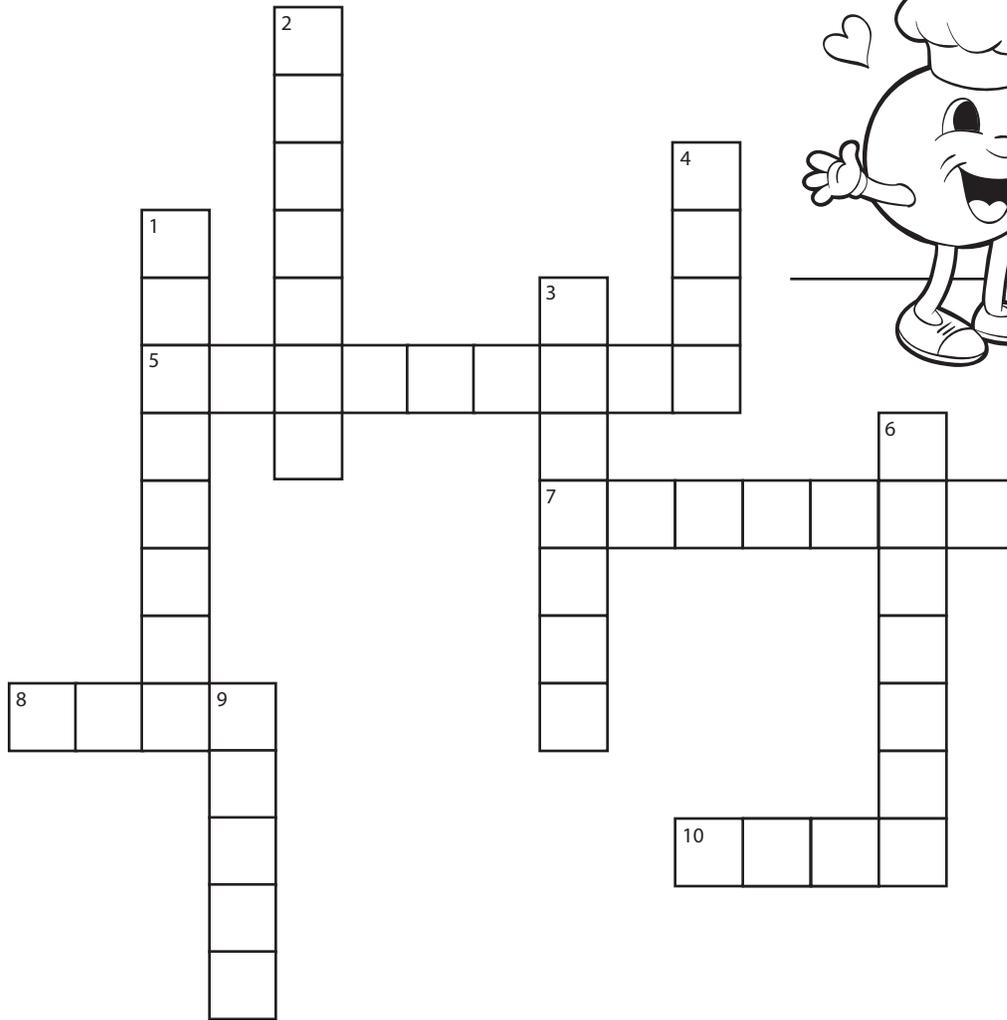


Name _____

Love Those Legumes!

Write the word that best completes each sentence.

Use the word bank.



Word Bank

bacteria
chickpeas
healthy
legumes
lentils
lens
peas
pods
protein
seeds

Across

- _____ take longer to cook than lentils or peas.
- Chickpeas, peas, and lentils are known as _____.
- Split dry _____ do not need to be soaked before cooking.
- Legume seeds are found in _____.

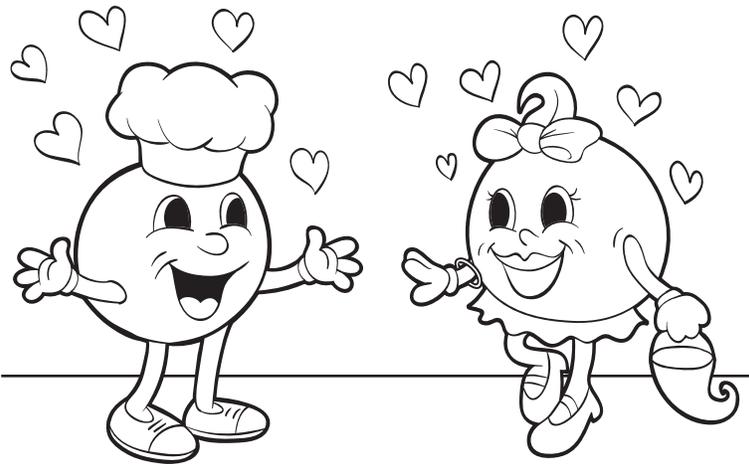
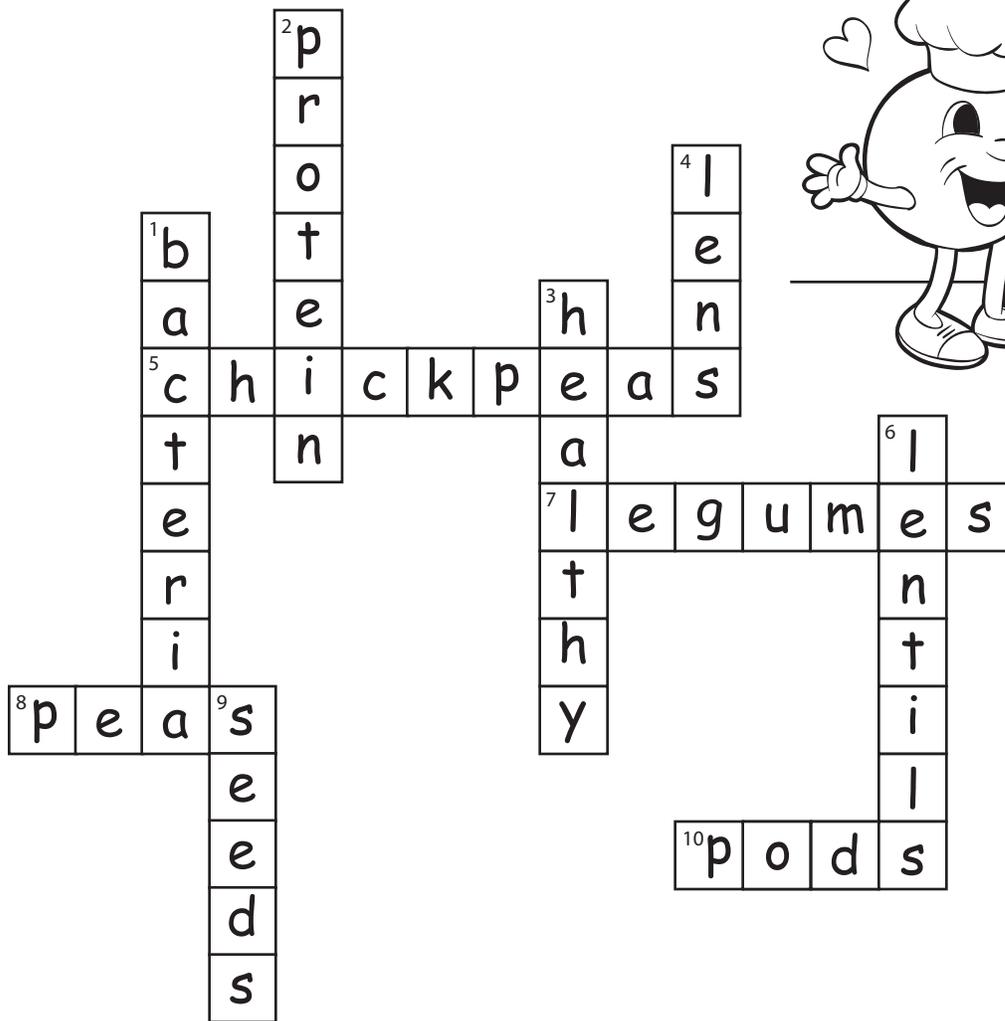
Down

- Legumes have special _____ living on their roots, which help them make nitrogen.
- Legumes have lots of _____, which your body needs to keep your muscles healthy.
- Legumes are part of a _____ diet.
- A lentil is shaped like a _____.
- _____ grow naturally in different colors (green, brown, black, and red) and sizes (tiny, small, medium, and large).
- The _____ of lentils are used as food.

Key

Love Those Legumes!

Write the word that best completes each sentence.
Use the word bank.



Word Bank

bacteria
chickpeas
healthy
legumes
lentils
lens
peas
pods
protein
seeds

Across

- _____ take longer to cook than lentils or peas.
- Chickpeas, peas, and lentils are known as _____.
- Split dry _____ do not need to be soaked before cooking.
- Legume seeds are found in _____.

Down

- Legumes have special _____ living on their roots, which help them make nitrogen.
- Legumes have lots of _____, which your body needs to keep your muscles healthy.
- Legumes are part of a _____ diet.
- A lentil is shaped like a _____.
- _____ grow naturally in different colors (green, brown, black, and red) and sizes (tiny, small, medium, and large).
- The _____ of lentils are used as food.